

Pillow Talk

Making pillows for the Outlook Shelter

These are just some basic guidelines:

- ✓ use a lightweight upholstery fabric
- ✓ cut 2 pieces of fabric 16" to 18" squares
- ✓ sew a 5/8" seam all the way around leaving about a 10" gap to fill with batting scraps
- ✓ only batting please, it is lighter and won't absorb water
- ✓ slip stitch or machine stitch the opening closed once you have it nicely packed with batting.



Deluxe Version

Before assembling pillow case:

- ✓ line the wrong side of fabric with a full piece of batting, maybe about an inch less all round so there is no batting in the seams
- ✓ stitch it down as you would for quilting but not too densely, keep it soft
- ✓ Then continue as above.

Ta da! You got yourself a pillow!

Collect scraps of batting at your next class or COPS day or our upcoming Community Quilts day.....lots of opportunity!

Bring finished pillows to the guild meeting and I will collect and deliver to the Look Out Shelter on Bewicke and 2nd, North Van, or you are welcome to drop it off yourself.

Thanks!

Myra (why do I keep falling asleep) Frampton

Oh, yeah.....this pillow has been tested and approved!

Lions Gate Quilters' Guild